

NAME:

# Human Rights

The homelessness fact book contains information which may help students with the questions.

Below is a list of 10 basic human rights. The full list of 30 can be found at <http://www.un.org/en/universal-declaration-human-rights/>

Your task is to go through the list and cross off the 'RIGHT' which you believe is least important to you. You need to continue this process until only **THREE RIGHTS** are left.

- 1. THE RIGHT TO EDUCATION** - Everyone has the right to education. Education shall be free, at least in the elementary and fundamental stages. Elementary education shall be compulsory.
- 2. FOOD AND SHELTER FOR ALL** - Everyone has the right to a standard of living adequate for the health and well-being of themselves and of their family, including food, clothing, housing and medical care and necessary social services
- 3. RIGHT TO NATIONALITY** - Everyone has the right to a nationality.
- 4. NO TORTURE** - No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.
- 5. EQUAL BEFORE LAW** - All are equal before the law and are entitled without any discrimination to equal protection of the law.
- 6. FREEDOM OF MOVEMENT** - Everyone has the right to freedom of movement and residence within the borders of each state. Everyone has the right to leave any country, including their own, and to return to their country.
- 7. FREEDOM OF THOUGHT** - Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his/her religion or belief.
- 8. FREEDOM OF EXPRESSION** - Everyone has the right to freedom of opinion and expression.
- 9. RIGHT TO LEISURE** - Everyone has the right to rest and leisure, including reasonable limitation of working hours and periodic holidays with pay.
- 10. RIGHT TO WORK** - Everyone has the right to work, to free choice of employment, to just and favourable conditions of work and to protection against unemployment.



